



## **Innovative Learning Mental Health Catalog**

**To learn more about any of the courses listed in this catalog, contact Innovative Learning:**

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## Continuing Education Units (CEs)

### APA

APA Continuing Education Units are provided through Orlando Behavior Health, LLC, an approved APA Sponsor Organization.

### ASHA

An annual ASHA CE Registry fee is required to register ASHA CEs. ASHA CE Registry fees are paid by the participant directly to the ASHA National Office. The annual ASHA CE Registry fee allows registration of an unlimited number of ASHA CEs for the calendar year. Contact the ASHA CE Staff at 800-498-2071, ext. 8591 for CE Registry fee subscription information.

### BBS

If the BBS icon is displayed for the course, the course meets the qualifications for continuing education credit for MFTs and/or LCSWs at the specified number of units as required by the California Board of Behavioral Sciences. Provider #PCE4308

### BACB

BACB (Type 2) Continuing Education Units, are provided through Orlando Behavior Health, LLC, an approved BACB ACE Provider, BACB ACE Provider #OP-04-0068.

### UNIVERSITY

Courses designated with the University icon are approved by California State University, East Bay for continuing education unit(s).

### Courses listed in this Catalog

Addressing Problem Behavior: 3. Creating a Positive Support Plan  
Alzheimer's: Understanding Alzheimer's Disease  
Assisting with Medications for Support Staff  
Clients Rights and Informed Consent  
Cultural Competency: An Introduction  
Data Collection for Support Staff  
Dementia: Understanding Dementia  
Dual Diagnosis - Developmental Disability and Mental Illness (New Zealand Only)  
Emergency Preparedness and Response  
Harassment in the Workplace  
Hazardous Materials  
Health Care Decisions for Support Staff  
Health Insurance Portability and Accountability Act (HIPAA) (United States Only)  
Incident Reporting  
Infection Transmission and Control  
Law and Ethics  
Mental Health Recovery Model  
Models for Behavior Support Planning  
Person Centered Planning  
Philosophy and Values  
Positive Behavioral Supports  
Preventing High-Risk Sexual Behavior in Healthcare Settings  
Professionalism  
Recognizing and Reporting Abuse  
Social Role Valorization  
Student Rights  
Suicide Prevention through Intervention  
Supervision for Excellent Practice  
Supporting People with Challenging Behaviors  
Understanding Autism  
Understanding Prader-Willi Syndrome  
Writing Goals and Measurable Objectives

### Addressing Problem Behavior: 3. Creating a Positive Support Plan

This is the third course in a three-part series on Functional Assessment, and contains an introduction to Functional Assessments. This course focuses on the process of creating and implementing a positive support plan.

APA - 5 Units / Cost - \$145.00

BBS - 5 Units / Cost - \$145.00

TRAINING HOURS - 5 Training Hours

Cost Without CEs - \$120.00

### Alzheimer's: Understanding Alzheimer's Disease

Alzheimer's Disease can be a complicated and confusing health issue for both the individual diagnosed with it, and for family and support professionals. This course provides a basic guide about what Alzheimer's Disease is, common symptoms, how to support people with Alzheimer's Disease, risk factors, and a brief look at some of the medications that are often given to patients with Alzheimer's Disease.

BBS - 2.5 Units / Cost - \$102.50

TRAINING HOURS - 2.5 Training Hours

Cost Without CEs - \$90.00

### Assisting with Medications for Support Staff

This course has been designed for anyone who works with an individual who takes medications. The purpose of the course is to help staff understand the effects of medications and how they work in the body. It gives an overview of what people need to be aware of when assisting with the administration of medications and what to look out for. This course is a must for anybody who works with an individual who takes medications.

BBS - 4 Units / Cost - \$100.00

TRAINING HOURS - 4 Training Hours

Cost Without CEs - \$80.00

### Clients Rights and Informed Consent

This course has been designed to inform you about the rights of clients. Human rights are the basic rights that people have in all aspects of their lives, and it is important for support staff to recognize and support these rights when working with their clients. Case studies are used throughout this course to emphasize behaviors that violate the client's rights, and inform you on how to effectively resolve any problems that you encounter. This course also contains information about informed consent, and will help you to understand some of the different needs that people have.

APA - 1 Unit / Cost - \$51.00

BBS - 1 Unit / Cost - \$51.00

BACB - 1 Unit / Cost - \$51.00

TRAINING HOURS - 1 Training Hour

Cost Without CEs - \$46.00

### Cultural Competency: An Introduction

As clinicians, it is important to put considerable effort into developing Cultural Competence when working with clients. This means examining our biases and prejudices, developing cross-cultural skills, searching for role models, and spending as much time as possible with other people who share a passion for Cultural Competence. This course will give you an introduction to the main concepts of Cultural Competency, and what is required to become culturally competent.

APA - 1 Unit / Cost - \$50.00

BBS - 1 Unit / Cost - \$50.00

TRAINING HOURS - 2 Training Hours

Cost Without CEs - \$40.00

#### Data Collection for Support Staff

Challenging behavior is the one thing that continues to consume our time, resources and emotion in the work we do. The more efficient we become at supporting people to change their behavior, the closer we get to achieving the outcomes we strive toward. Understanding whether our efforts to support behavior change are working, is the foundation of any effective behavior support plan. To know this....we need data! Data Collection is a "quick course" of study in why we need to collect data and covers the fundamentals of how to do so. This includes graphing and how to ensure the data you collect is reliable.

APA - 2 Units / Cost - \$35.00

ASHA - 0.2 Units / Cost - \$35.00

BBS - 2 Units / Cost - \$35.00

BACB - 2 Units / Cost - \$35.00

UNIVERSITY - 0.5 Units / Cost - \$64.50

TRAINING HOURS - 2 Training Hours

Cost Without CEs - \$25.00

#### Dementia: Understanding Dementia

Dementia can be a complicated and confusing health issue for both the individual diagnosed with it, and for family and support professionals. This course provides a basic guide about what dementia is, common symptoms, how to support people with dementia, and a brief look at some of the medications that are often given to patients with dementia.

BBS - 2 Units / Cost - \$110.00

TRAINING HOURS - 2 Training Hours

Cost Without CEs - \$100.00

#### Dual Diagnosis - Developmental Disability and Mental Illness (New Zealand Only)

Perhaps the most challenging clinical aspect of providing mental health care to people with developmental disabilities is the diagnostic assessment of psychiatric disorders. Although it has been reported that persons with developmental disabilities experience the full range of psychiatric disorders, at rates higher than the general population, many mental disorders, for various reasons, are misdiagnosed, under-diagnosed, or undiagnosed in this population. The degree of accuracy of diagnostic assessment with this population is critical to best practice as it provides the foundation for treatment and service planning. This course will explore Dual Diagnosis and possible treatment processes for people with dual diagnoses, and recommendations for providing Dual Diagnosis services.

APA - 4 Units / Cost - \$70.00

BBS - 4 Units / Cost - \$70.00

TRAINING HOURS - 4 Training Hours

Cost Without CEs - \$50.00

#### Emergency Preparedness and Response

This course has been designed to give you and your colleagues an understanding of the emergencies that you need to be prepared for, including specific industry information for schools, hospitals, and other workplaces. Workplace safety during an emergency is very important, and well planned procedures and plans can mean the difference between life and death. The course covers Earthquakes, Floods, Hurricanes, and Tornadoes.

TRAINING HOURS - 2.5 Training Hours

Cost Without CEs - \$50.00

#### Harassment in the Workplace

It is important that harassment is not a problem in all workplaces. This course has been designed to inform you about what constitutes harassment, the different types of harassment, and the legislation that means harassment is illegal. This course is aimed at employees as well as employers.

APA - 2.5 Units / Cost - \$62.50

BBS - 2.5 Units / Cost - \$62.50

BACB - 2.5 Units / Cost - \$62.50

UNIVERSITY - 0.5 Units / Cost - \$92.00

TRAINING HOURS - 2.5 Training Hours

Cost Without CEs - \$50.00

### Hazardous Materials

This course will give you an introduction into the risks that some materials pose, and instruct you on how to better understand these risks. This will help you to reduce the risks to yourself and others in your workplace.

Cost Without CEs - \$60.00

### Health Care Decisions for Support Staff

This course has been designed to give you a basic understanding about the health care decision-making process. It covers information about supporting individuals to make their own decisions, issues of capacity, substitute decision makers, and during emergency situations.

APA - 3 Units / Cost - \$70.00

BBS - 3 Units / Cost - \$70.00

BACB - 3 Units / Cost - \$70.00

UNIVERSITY - 0.5 Units / Cost - \$99.50

TRAINING HOURS - 3 Training Hours

Cost Without CEs - \$55.00

### Health Insurance Portability and Accountability Act (HIPAA) (United States Only)

The Health Insurance Portability and Accountability Act (HIPAA) was enacted by the US Congress in 1996 and became effective July 1st, 1997. The Act is a combination of regulations designed to reduce inefficiencies, fraud, and misuse of information in the health care industry and to protect the health insurance coverage for workers and their families when they change or lose their jobs, get divorced, become pregnant, or move. This course focuses on the Privacy and Security Rules of the Act as they are more relevant to the direct support worker, who is the primary audience of this course.

APA - 4.5 Units / Cost - \$97.50

BBS - 4.5 Units / Cost - \$97.50

BACB - 4.5 Units / Cost - \$97.50

UNIVERSITY - 0.5 Units / Cost - \$127.00

TRAINING HOURS - 4.5 Training Hours

Cost Without CEs - \$75.00

### Incident Reporting

This course has been designed to instruct you on the process of incident reporting. Every incident - whether anything happens or it is just a near miss - needs to be reported on. This course will inform you on the basics of this process.

APA - 2 Units / Cost - \$50.00

BBS - 2 Units / Cost - \$50.00

BACB - 2 Units / Cost - \$50.00

TRAINING HOURS - 2 Training Hours

Cost Without CEs - \$40.00

### Infection Transmission and Control

This course has been designed to give new employees an introduction to Bloodborne Pathogens, Infection Control, Universal Precautions, and Handling Vomit, Urine, and Feces. These topics are very important for all workers in the health care industry, and demonstrates the importance of good practice in order to stop the spread of infectious diseases.

APA - 1 Unit / Cost - \$57.50

BBS - 1 Unit / Cost - \$57.50

BACB - 1 Unit / Cost - \$57.50

TRAINING HOURS - 2.5 Training Hours

Cost Without CEs - \$45.00

## Law and Ethics

Legal and ethical matters are of concern in almost every profession, especially in the field of mental health. Marriage and Family Therapists (MFTs) will often encounter clients and situations where ethical and legal issues are intertwined with the mental health issues that are at hand. Because of this, it is imperative that the MFT have a good understanding of their legal and ethical responsibilities and rights when working with clients.

While many of the legal considerations of the field are governed by national law, in addition each state and licensing board will have their own laws and standards. This course provides a general overview of laws and standards in place in California. If practicing in another state, it will be imperative for you to know and understand those laws and standard which are specific to that state in which you are practicing.

APA - 3 Units / Cost - \$70.00

BBS - 3 Units / Cost - \$70.00

BACB - 3 Units / Cost - \$70.00

TRAINING HOURS - 3 Training Hours

Cost Without CEs - \$55.00

## Mental Health Recovery Model

This course has been designed to inform you about the Mental Health Recovery Model, and discusses the concept of 'recovery', and how this can be used to help Mental Health patients.

APA - 3 Units / Cost - \$67.00

BBS - 3 Units / Cost - \$67.00

TRAINING HOURS - 3 Training Hours

Cost Without CEs - \$52.00

## Models for Behavior Support Planning

This course will provide direct support staff, teachers and other professionals with a model that will increase options when dealing with challenging behavior. By understanding how we can work to change environments, support people to learn alternative ways of getting their needs met, increasing skill base and independence as well as directly influencing behavior with the use of behavioral technology, we can increase the likelihood of avoiding that crisis in the first place. That said; behavioral crises still happen however successful we are, so we also need to understand what to do in these situations. By the end of this course you will better understand how such approaches will assist you.

APA - 2 Units / Cost - \$50.00

BBS - 2 Units / Cost - \$50.00

BACB - 2 Units / Cost - \$50.00

TRAINING HOURS - 2 Training Hours

Cost Without CEs - \$40.00

## Person Centered Planning

Person Centered Planning (PCP) is a course designed to provide a firm understanding of the philosophy and process of thinking and planning in a person centered way. EVERYBODY should do this course. Whether you are a newly employed support person or a seasoned professional or manager, this course will allow you to truly understand what it means to provide support to someone in a "Person Centered" manner.

APA - 6 Units / Cost - \$130.00

ASHA - 1 Unit / Cost - \$130.00

BBS - 6 Units / Cost - \$130.00

BACB - 6 Units / Cost - \$130.00

TRAINING HOURS - 10 Training Hours

Cost Without CEs - \$80.00

## Philosophy and Values

Philosophy, Values and Advocacy is a "quick course" of study concerning the importance of these core underlying principles with relation to providing support services to people who have disabilities. Whether you work in the mental health, developmental disability, educational or general medical sectors, this course will be of value to direct support staff and professional staff alike.

APA - 1 Unit / Cost - \$20.00

BBS - 1 Unit / Cost - \$20.00

BACB - 1 Unit / Cost - \$20.00

UNIVERSITY - 0.5 Units / Cost - \$49.50

TRAINING HOURS - 1 Training Hour

Cost Without CEs - \$15.00

### Positive Behavioral Supports

This course is designed to help interventionists support individuals with challenging behaviors. The course includes an overview of what is Positive Behavioral Support ranging from (1) a description of its philosophical underpinnings and critical features, (2) the hallmark assessment and intervention planning practices, and (3) specific proactive, teaching, and reactive strategies used to develop positive behavioral support plans. This course is essential for interventionists who must resolve challenging behaviors, teach meaningful replacement behaviors or alternative skills, and create interactions that promote success when working with individuals with autism.

APA - 2.5 Units / Cost - \$62.50

BBS - 2.5 Units / Cost - \$62.50

BACB - 2.5 Units / Cost - \$62.50

UNIVERSITY - 0.5 Units / Cost - \$92.00

TRAINING HOURS - 2.5 Training Hours

Cost Without CEs - \$50.00

### Preventing High-Risk Sexual Behavior in Healthcare Settings

While assisting individuals with personal care it is important to ensure that each individual is taught socially appropriate behavior related to privacy and protecting his or her own body. This course will cover the objectives for individuals in residential care, prevention strategies, and case studies to help learner's understanding of how to prevent high risk sexual behavior in healthcare settings.

APA - 1 Unit / Cost - \$50.00

BBS - 1 Unit / Cost - \$50.00

TRAINING HOURS - 2 Training Hours

Cost Without CEs - \$40.00

### Professionalism

Professionalism is not just something for doctors, lawyers and other formally qualified people. Professionalism is something that EVERY person in ANY job should understand. This is especially the case for people working in Human Services. This "quick course" of study is for anyone working in the Human services sector at any level.

APA - 1 Unit / Cost - \$25.00

BBS - 1 Unit / Cost - \$25.00

BACB - 1 Unit / Cost - \$25.00

TRAINING HOURS - 1 Training Hour

Cost Without CEs - \$20.00

### Recognizing and Reporting Abuse

This course is designed to instruct you on how to recognize abuse that may be taking place, and how to report what you see. It covers mandated reporters, types of abuse and neglect, and what you should do if you witness or experience some form of abuse.

APA - 1 Unit / Cost - \$30.50

BBS - 1 Unit / Cost - \$30.50

BACB - 1 Unit / Cost - \$30.50

TRAINING HOURS - 1.5 Training Hours

Cost Without CEs - \$23.00

### Social Role Valorization

Building on the notion of "normalization" for people who are aging or have a disability, Social Role Valorization (SRV) can be seen as a tool for analyzing the process and effects of the societal devaluation of these groups and individuals. ALL members of the organization at ALL levels they support.

APA - 4 Units / Cost - \$100.00

BBS - 4 Units / Cost - \$100.00

BACB - 4 Units / Cost - \$100.00

TRAINING HOURS - 4 Training Hours

Cost Without CEs - \$80.00

### Student Rights

This course has been designed to inform you about the rights of students. Human rights are the basic rights that people have in all aspects of their lives, and it is important for educators to recognize and support these rights when working with their students. Case studies are used throughout this course to emphasize behaviors that violate the student's rights, and inform you on how to effectively resolve any problems that you encounter.

APA - 1 Unit / Cost - \$25.00

BBS - 1 Unit / Cost - \$25.00

BACB - 1 Unit / Cost - \$25.00

TRAINING HOURS - 1 Training Hour

Cost Without CEs - \$20.00

### Suicide Prevention through Intervention

This course is designed for those in a clinical role. The content covers rates and trends, key indicators, risk and protective factors including the myths and facts about suicide. Competencies include clinical response and intervention strategies.

APA - 6 Units / Cost - \$95.00

BBS - 6 Units / Cost - \$95.00

BACB - 6 Units / Cost - \$95.00

TRAINING HOURS - 6 Training Hours

Cost Without CEs - \$65.00

### Supervision for Excellent Practice

What is supervision? Who needs it? How does it happen and what should someone expect when having supervision. These are all questions that are addressed in this course designed for both the supervisor and supervisee. This course is aimed at anyone working with people and who wants to make sure they are working as effectively as they can by understanding how they can maximize the benefits of an effective supervision process.

APA - 2.5 Units / Cost - \$62.50

BBS - 2.5 Units / Cost - \$62.50

BACB - 2.5 Units / Cost - \$62.50

UNIVERSITY - 0.5 Units / Cost - \$92.00

TRAINING HOURS - 2.5 Training Hours

Cost Without CEs - \$50.00

### Supporting People with Challenging Behaviors

This course has been designed to give you an increased awareness and understanding of challenging behaviors, and help you to understand some strategies to help prevent challenging behaviors from occurring while supporting people when they do.

APA - 3 Units / Cost - \$112.50

ASHA - 1 Unit / Cost - \$112.50

BBS - 3 Units / Cost - \$112.50

BACB - 3 Units / Cost - \$112.50

UNIVERSITY - 0.5 Units / Cost - \$142.00

TRAINING HOURS - 4.5 Training Hours

Cost Without CEs - \$90.00

### Understanding Autism

This course focuses on the key elements of effective best practice and educational models for people with Autism Spectrum Disorders.

APA - 6 Units / Cost - \$150.00

ASHA - 1.6 Units / Cost - \$150.00

BBS - 6 Units / Cost - \$150.00

BACB - 6 Units / Cost - \$150.00

UNIVERSITY - 1 Unit / Cost - \$209.00

TRAINING HOURS - 10 Training Hours

Cost Without CEs - \$100.00

### Understanding Prader-Willi Syndrome

Prader-Willi syndrome is a genetic disorder that occurs in approximately one out of every 22,000 births. Prader-Willi syndrome affects males and females with equal frequency and affects all races and ethnicities and is recognized as a common genetic cause of childhood obesity. This course examines the cause of Prader-Willi syndrome and then common symptoms associated with it. It also explores ways to manage and treat over eating and obesity, growth-hormone therapy, and other possible conditions that may be related to, or caused by, Prader-Willi syndrome.

Cost Without CEs - \$30.00

### Writing Goals and Measurable Objectives

This course has been designed to guide you in writing goals and measurable objectives. It is often hard for people to distinguish between goals and objectives, and this course will lead you through the differences.

Cost Without CEs - \$35.00